Medication list

Include non-prescription medicines, vitamins and supplements. Take it to every appointment and ask the doctor or pharmacist to confirm it.

Name

Date of birth

Allergies

Pharmacy and phone

List updated on

Medicine (as on the label)	What it is for	Dose and form	When taken	Instructions	Prescribed by	Started or changed

This list records what you have been told. Any change to a medicine is a decision for the prescriber or pharmacist.

General information only, not medical, legal or financial advice. In an emergency, call your local emergency number.
Free from kinshipguard.com/free-printables. Kinship Guard is a shared care app for families on iPhone, iPad and Android.